

MENTAL HEALTH SERVICE STANDARD

Norfolk Transitional Grant Area

Grant Year 2020/21



Service Category Definition – Mental Health Services

(HIV/AIDS Bureau Policy Clarification Notice #16-02, Revised 10/22/2018)

Mental Health Services are the provision of outpatient psychological and psychiatric screening, assessment, diagnosis, treatment, and counseling services offered to clients living with HIV. Services are based on a treatment plan, conducted in an outpatient group or individual session, and provided by a mental health professional licensed or authorized within the state to render such services. Such professionals typically include psychiatrists, psychologists, and licensed clinical social workers.

The objectives of the Standards of Care for Mental Health Services are to ensure that:

- Services are available to all eligible consumers
- Referrals for other services are based on appropriateness
- Mental Health services are recognized as essential “core services” in the TGA

Personnel Qualifications

Mental Health services will be provided by staff who meet the minimum requirements and qualifications listed in this section.

1. Staff licensure and accreditation: Documentation that services are provided by or under the supervision of a physician or by other qualified personnel with appropriate and valid licensure and certification as required by the State in which services are provided
2. Subrecipients will have a crisis intervention policy to assist a client in life-threatening situations.
3. At least two years of basic knowledge of HIV/AIDS and/or infectious disease and be able to work with vulnerable targeted populations and subpopulations.
4. All Mental Health Services Staff will have at least one (1) hour of cultural diversity training a year.

Subrecipient Responsibility

- Obtain and have on file and available for grantee review appropriate and valid licensure and certification of mental health professionals
- Maintain client records that include:
 - A detailed treatment plan for each eligible client that includes:
 - The diagnosed mental illness or condition
 - The treatment modality (group or individual)
 - Start date for mental health services
 - Recommended number of sessions
 - Date for reassessment
 - Projected treatment end date
 - Any recommendations for follow up
 - The signature of the mental health professional rendering service

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GREATER HAMPTON ROADS
HIV HEALTH SERVICES
**PLANNING
COUNCIL**

Norfolk TGA Care Continuum Performance Measures

| Performance Measure | Numerator | Denominator | Data Exclusions | Target |
|---|--|---|---|-------------------|
| <p><u>Mental Health Treatment Plan</u></p> <p>Percentage of HIV-infected mental health patients who had a mental health treatment plan developed and/or updated at least once during the measurement year.</p> | <p>Number of HIV-infected mental health patients who had a mental treatment plan developed and/or updated at least once in the measurement year.</p> | <p>Number of HIV-infected mental health patients that received a clinical mental health evaluation at least once in the measurement year.</p> | <p>Patients who were < 12 months old</p> | <p>90%</p> |
| <p><u>HIV Viral Load Suppression</u></p> <p>Percentage of mental health patients who have a HIV viral load less than 200 copies/mL at last HIV viral load test during the measurement year.</p> | <p>The number of mental health patients with a viral load <200 copies/mL at last test during the 12-month measurement period.</p> | <p>All patients with at least one mental health visit during the 12-month measurement period.</p> | <p>None.</p> | <p>85%</p> |